2024



Overhead Throwing Program Spring Schedule

MARCH - MAY

SUNDA	Y MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2002 025	10				
	DOOR OPEN 10:30 A.M.		DOOR OPENS 10:30 A.M.	DOOR OPENS 10:30 A.M.		
	BE IN DOO		BE IN DOOR	BE IN DOOR		
	BY 6:00 P.N	1.	BY 6:00 P.M.	BY 6:15 P.M.		

PRICING: \$10 per visit/\$50 for Month

Monthly payments must be paid at the beginning of the month.

If Lexington Clinic is closed, there will be no program.

For holidays or weather, check with Mike Howell.

Go through the front doors of Lexington Clinic Orthopedics – Sports Medicine Center Building. You do not need to check in at the front desk. Come up stairs to the 2nd floor Physical Therapy area and ask for MIke.

For more information, contact:

Mike Howell

at (859) 258-8520 or mihow@lexclin.com.