

Patient's Name: _____ Phone Number: _____
Physician: _____ Referring Physician: _____
Date: _____ Scheduled Time: _____

Please check in on the first floor of the South Broadway Building (1221 South Broadway) 15 minutes prior to your scheduled time the day of the exam. You will then be instructed to report to the Radiology Department after the registration process is completed.

Instructions For Colon Cleansing Prep

Colon cleansing preps are used for the following radiological exams

- Barium Enema
- IVP
- CT Colonography

If you are scheduled for an IVP and you are on diabetic medication, ask your ordering physician about when to stop and start taking this medication.

OPTIONS FOR YOUR COLON PREP:

MoviPrep

Purchase: MoviPrep (This **DOES** require a prescription). **Note:** This is the patient *preferred* prep.

Instructions – One (1) day prior to scheduled procedure:

1. Clear liquid diet all day. No solid food or products containing milk or pulp. Examples of clear liquids are apple juice, white grape juice, chicken or beef bouillon/broth, popsicles, Jell-O (no red or purple colors), sodas, coffee and tea (both without cream or milk).
2. At 5 p.m. Empty 1 pouch A and 1 pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve. (If preferred, mix solution ahead of time and refrigerate prior to drinking. The mixed solution should be used within 24 hours.)
3. The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz.), until the full liter is consumed. Then drink 16 oz. clear liquid of your choice. This is a necessary step to ensure adequate hydration and an adequate prep.
4. If your procedure time is **BEFORE** 12:00 p.m., at 8 p.m. the evening before your procedure, repeat steps 2 and 3.
5. If your procedure time is **AFTER** 12:00 p.m., at 6 a.m. the day of your procedure repeat steps 2 and 3.
(If unable to do this please call us at (859) 258-4115)

OPTION 1

GoLytely Prep

Purchase: GoLytely (This **DOES** require a prescription). **Note:** This option is more to drink at one time and all the day prior.

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2. Mix GoLytely solution - Open bottle, pour in one flavor pack of your choice. Add water to top line on bottle. Place cap on bottle and shake until powder is dissolved. Place in refrigerator to chill.
3. Between 3 p.m. and 5 p.m., start drinking GoLytely solution. Drink one 8 oz. glass every 15 minutes until GoLytely is finished. **Drink ALL of the solution.**

OPTION 2

YOU MAY CONTINUE A CLEAR LIQUID DIET UNTIL 6 HOURS PRIOR TO YOUR PROCEDURE.

After completing the preparation, your stools should be yellow or clear liquid. If not, please call 859-258-4444.